

Experimentation of the Teaching Source “Well-being at school (Peer mediation)”

Taken and adapted from:

<https://www.irex.org/sites/default/files/node/resource/conflict-resolution-and-peer-mediation-toolkit.pdf>

Channel's 4 interactive video:

<https://www.enseignementcatholiquedelorraine.fr/2020/11/12/securite-la-mediation-entre-eleves/>

<i>Level of difficulty</i>	<i>Name of the partner school</i>	<i>Name of the teacher(s) involved</i>
<i>Easy</i>	<i>Saint Leon IX Nancy</i>	Principal educational advisor : Alice Barthelemy

Level of difficulty

The training is simple to set up but takes a lot of time when it is carried out by a single person.

Description of the experience

The training is targeted at 4th grade students (15 students)

The aim is to work on the interpretation of a situation: distinguish facts from interpretations; become aware that there are several truths in the face of one and the same fact.

The support: the story of « The lady in the metro »

Objective: knowing how to distinguish a fact from an interpretation(Judgment).

A lady is sitting in the metro next to a young black man wearing headphones. The lady decides to sit in another seat.

The students do not know the end of the story.

The group is divided into two and one part of the group has to put themselves in the lady's place/ another part of the group has to put themselves in the young man's place and express how everyone feels.

After the students have expressed themselves, the trainer gives them the end of the story.

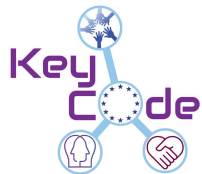
The aim of the session is to show the students that their interpretation often slips towards judgment and racist or denigrating language and that their interpretation is most often far from reality.

At the end of the session, the students take stock of what they have learned and say how this session can be useful to them in mediation.

Strong points of the experience:

The students imagined very different reactions from reality and all interpreted the old lady's behavior as racist (I don't want to sit next to a person of color or I find this boy lacking education : he shouldn't listen to music on the subway) just like the reaction of the boy who imagined the woman to be racist.





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When they learned that the old lady was moving away from him because she was sick and did not want to infect him, they expressed their astonishment and knew how to put words into their interpretation of the situation.

This experience enabled them to understand that they should not rely, for example, on comments reported by a third party but to question the person in question.

The experiment is a good exercise in training students to distinguish between judgments and facts.

Weak points:

The session does not pose a problem in the implementation.

Needs of the classroom to be addressed

Experience conducted as part of the training (Peer mediation) to grow from the conflict and seek win-win solutions

The experiment was carried out in 4th grade because of conflict situations in the classroom at the beginning of the school year. The action focused on non-violent communication and the training was offered to 4th grade students.

Validation of the teaching source

This exercise is easy to set up in a class, to break down the erroneous representations that the students can have about the behavior of others. It can lead to reflection on how you react, how you feel about yourself and others, about communication problems in a group, about the feeling of empathy.

We can also imagine that this exercise can be used as an example in a language class.

Testing carried out on September 2020



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